



# Our Respite Services



[www.homechoices.org.au](http://www.homechoices.org.au)



A member of the EW Tipping Foundation network

## Our Respite Services

HomeChoices Respite Services offer the best, customised support for both the person using the service and their family.

We know how crucial reliable respite services are for families needing a break from providing full-time care. For many, this can be the only break they get.

- Our respite services offer activities for the people we support designed around their needs and wants, as well as ensuring their carers' peace of mind.
- Our services are flexible so that families can choose the time that fits in with their plans – this can range from overnight stays, to regular monthly stays for a few days, to extended respite for several weeks.
- Our respite facilities are fully-accessible and equipped to cater for complex physical needs. Our direct support workers specialise in providing high quality support services to people with disabilities. So families can rest assured that everything is taken care of.



## A Valuable Experience

We believe respite is a valuable opportunity for the people we support to meet new people, learn new skills, pursue hobbies or interests, or attend community activities.

### Recreation

Activities available during a respite stay might include picnics, barbecues, excursions to the zoo or beach, art and craft activities, and games.

### Skill development

We run programs during the day to encourage our service users to learn how to cook, garden, shop, communicate and socialise with others.

## Our Respite Houses

Each of our respite houses feature:

- bedrooms (some with hoists)
- comfortable living areas
- fully-equipped kitchens
- bathrooms with disability access

Our staff are fully-trained and experienced in understanding and meeting the needs of people with a disability. We always endeavour to match our service users at any one time to ensure a harmonious stay for all.

**“It’s peace of mind knowing that he’s safe, he’s ok and he’s enjoying himself.”**

**Michelle, on using Moorabol Respite Service for her son Bayden (pictured right)**



Respite also gives the people we support the chance to make new friends

## Accessing Our Service

Bookings and referrals can be made up to three months in advance. Contact us for more information or to arrange a time to discuss your needs through our referral process.

We cover all aspects of the respite stay, including information about medications, clothing requirements and spending money. We can also discuss different options to transition into using the service – giving you peace of mind.



## Frequently Asked Questions

### Who can use the service?

The services are available to adults, youth and children with a disability (including dual disability) who are living with a carer.

### Where are the services?

HomeChoices has respite services in Bacchus Marsh, Pakenham, Wonthaggi and Warragul. Priority is given to those living in these areas.

### What are the fees?

A fee is charged for overnight stays to cover food, utilities, transport and a small service fee. We will discuss this with you during your referral and provide details relating to your situation.

### How can I find out more?

For bookings and enquiries for the Gippsland Region and Pakenham area please phone our Warragul Office.

**P:** 03 5622 7777

For the Grampians Region, please phone our Ballarat Office.

**P:** 03 5320 0300

**E:** [info@homechoices.org.au](mailto:info@homechoices.org.au)



## About HomeChoices

Respite Services are run by HomeChoices. HomeChoices provides a range of services including shared supported accommodation, respite, independent living programs, as well as recreation and skill development programs.

HomeChoices is a member of the EW Tipping Foundation network. Established in 1970, the Foundation is a non-profit that supports people with disabilities, ageing persons, families, carers and young people across Victoria.



Statewide Coordination Centre

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