

Tony's Story

After 30 years of living in Home Choices shared supported accommodation, Tony told us he wanted to move to a flat and live on his own. So, we put in place a two-year program to develop Tony's independent living skills so he could achieve his dream. Tony started his transition into his unit with short supported stays. One month later, he was ready to live permanently in his unit with staff support.

Tony is now happier than ever. He socialises and communicates more, and continues to develop his independence and confidence.

Bill and Theresa's Story

Bill and Theresa, hadn't considered what would happen to their daughter, Jo, when they couldn't care for her anymore.

"When you're caring for a child with a disability, you don't like to think about the future but it's terribly important that you do," said Bill. "The project has steered us into a positive and definite direction."

Now the family has a new outlook. They have shared in the planning of Jo's future, and she is developing her confidence and skills providing options for an independent future.

About Home Choices

Living My Life My Way is a supported independent living initiative run by Home Choices. Home Choices provides a range of services including shared supported accommodation, respite, independent living programs, as well as recreation and skill development programs.

Home Choices is a member of the EW Tipping Foundation network. The Foundation is a non-profit that supports people with disabilities, ageing persons, families and children across Victoria.



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Living My Life My Way



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Open the door to an independent, supported and secure future.

Tony lives independently now, with support tailored to his needs.

About Living My Life My Way

Living My Life My Way is an innovative and unique program that enables people with a disability to choose how they live.

This program fully supports people with a disability, and works with their families and service providers, to help them transition to the supported independent living of their choice.

The future of disability support is changing, with a greater focus on independence and choice. We can help facilitate this in a planned, safe and supported way, through Living My Life My Way.

How does the Program Work?

Once we receive an expression of interest, the Living My Life My Way Coordinator will arrange a meeting to discuss the needs of the person looking to join the program.

This process includes:

- A life skills assessment, to find out if the person needs specific skills development or support in order to achieve their goal of living independently
- Assistance with applying for an Individual Support Package (ISP) to put the appropriate funding in place for independent living.

Ongoing Support Coordination

The program is covered by the ISP – so no out-of-pocket expenses are incurred by the family or individual.

As part of the program, we provide ongoing support coordination. So, there is always someone there to coordinate and assist with the person's individual program.

Peace of Mind

With our experience, skills and resources, our program ensures peace of mind for everyone. We have safeguards built in to ensure ongoing monitoring and support for people in the program. In this way, people with a disability can continue to achieve great outcomes and have a secure future even when their families are no longer able to support them.

Further, the program moves at each person's own pace. There is no set time frame so we can accommodate everyone's needs.

How can I find out more?

For more information, please contact the Living My Life My Way Coordinator

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“I get more freedom living on my own and I like having staff come around to help me get ready for day placement.”

Charlie, on Living My Life My Way

